



## BREAKFAST MENU



**TRES MARIAS**  
*Club de* **GOLF**



### **Always the best**

**All of our dishes are elaborated at the moment with fresh products of the best quality.**

**If you wish your dishes to be prepared with olive or coconut oil, let the waiter know in advance.**

**If you have any allergies, it is important that you let us know in advance.**



*Scan to see the menu*

**Service Hours:  
From Tuesday to Sunday  
8:00 to 13:00**

**\* All of our prices include IVA (Tax)  
\* The service does NOT include tips  
(443) 428 0033, ext. 1033  
restaurant@clubtresmarias.com.mx**

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**Club de Golf Tres Marías**







FRUIT		Tarascos \$80 Fried eggs on a tortilla, covered with green sauce, fresh cheese and avocado.	
Fruit Order \$65 Pineapple, papaya, cantaloupe or watermelon with yogurt. Add cottage cheese \$70		Norteños \$110 Scrambles eggs with traditional northern beef jerky, served with a traditional crushed sauce and a side dish of choice.	
Tropical Symphony \$78 Banana, strawberry, papaya, cantaloupe, pineapple, peeled orange and grapefruit slices, served with cottage cheese, yogurt and granola.		Tres Marias \$90 Fried eggs in a tortilla, covered with red sauce, chili strips with melted cheese and a side dish of choice.	
Fruit Salad \$78 Apple, pineapple, strawberries, watermelon, papaya and cantaloupe, served with cottage cheese and honey.		Motuleños \$90 Fried eggs on a sincronizada with ham and beans, covered with a spicy habanero sauce, with peas, panela cheese, and fried plantain.	
Strawberry and Banana Parfait \$78 Bowl with a combination of strawberries, bananas and yogurt, with a touch of pecan nuts, chia seeds and cranberries.		Purepechas \$90 Eggs or chicken timbale on a bean tortilla, covered with black chili sauce, melted gouda and a side dish of choice.	
Cereal \$35 Ask for the variety of cereal that we offer. Includes milk and strawberries or banana.		Huevos al plato \$90 Fried eggs covered with a creamy sauce with ham, mushrooms and parsley.	
FROM OUR BAKERY		Salmon Bagel \$98 Butter bagel with scrambled eggs and greek yogurt, smoked salmon and mustard, sauteed vegetables on the side.	
Pastries \$14		LIGHT ZONE	
Pancakes* \$78 (3 pieces)			
Waffles* \$78			
*With ham or bacon \$82			
OUR SPECIALTIES		Quesillo \$92 Grilled panela cheese, covered with any of our sauces (red, green, or black chili) and a side dish of choice.	
Taco Ahogado (1 piece) \$39 Beans or smashed potatoes fried taco, with onions and carnitas, covered with the traditional tomato and chili pepper sauce.		Panela Sandwich \$86 Whole wheat bread, ham, tomatoes, lettuce, lucerne sprouts, avocado and panela cheese.	
Torta Ahogada \$75 Bolillo bread filled with carnitas and onions, covered with the traditional tomato and chili pepper sauce.		Three Egg Whites Omelette \$95 Filled with spinach, panela cheese, with avocado and chilaquiles on the side.	
Veracruzanos \$90 Mexican scrambled eggs, in a tortilla covered with black bean sauce, with fresh cheese, sour cream and chorizo sausage on top.		Norteños Light \$105 Egg whites scrambled with traditional nordern beef jerky, salsa, avocado and tomatoes.	
		Tapatio Omelette \$105 Egg whites tortilla filled with goat sheese, ham and spinach, with green salad on the side.	







TRADITIONAL DISHES	
Molletes Baguette with refried beans and melted mozzarella cheese, served with pico de gallo. Add bacon, chorizo sausage or ham	\$85 \$97
Chilaquiles Tortilla chips with green or red salsa, fresh cheese, sour cream and refried beans on the side. Add chicken, chorizo sausage or eggs	\$90 \$105
Enchiladas Suizas Filled with chicken, covered with creamy green sauce and melted cheese.	\$95
Rancheros Fried eggs on a corn tortilla, covered with ranchera sauce and a side dish of choice.	\$95
Divorciados Fried eggs on a corn tortilla, covered on green or red sauce, and a side dish of choice.	\$95
Scrambled Eggs Scrambled eggs with bagon, ham, chorizo sauce or preparation of choice.	\$95
Omelette Two ingredients of choice: panela or Oaxaca cheese, spinach, chili strips, mushrooms, ham or chorizo sausage, and side dish of choice.	\$95
SIDE DISHES TO CHOOSE	
Refried Beans Julien Vegetables Hash Brown Guacamole Avocado Green Salad	
JUICES	
Orange, grapefruit or carrot	\$34
Green	\$34
Beats with carrots	\$34
Combined	\$34

WARM BEBERAGES	
Milk Warm or cold.	\$28
Tea Of choice.	\$32
Espresso	\$36
Double Espresso	\$55
Espresso Cortado	\$45
Capuccino	\$42
Americano With refill.	\$35
Hot Chocolate A cup.	\$35
Chocolate Milk Warm or cold.	\$35
BEBERAGES	
Sparkling Water Ciel	\$29
Soda	\$40
Rusa	\$40
Lemonade	\$40
Orangeade	\$40
Sprite Zero	\$40
	
	

